



**Mental and Emotional Health for All**

## LifeLine Pretoria

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### LIFELINE PRETORIA - AGM 19 AUGUST 2023

#### MINUTES OF THE MEETING

Activity	
Attendance Online	Bavani Valdival Winnet Sami Refentse Masha Kelebogile Ntjie Eurika Nieuwoudt
Welcome	The chairperson welcomed everyone present. He indicated that the Financial Statement will be available next week. When it is signed by the chairperson, it will be distributed and presented in a virtual meeting.
Apologies	15 officials rendered their apology
Any other business	<ul style="list-style-type: none"> <li>• New house</li> <li>• Clearing this house</li> <li>• Loss of Volunteers</li> <li>• Membership Fees</li> </ul>
Agenda	Adopted by Noleen Smith and seconded by Zethu Khoza
Motivation by Mr. Mbuyiselo Botha.	Topic: Giving. The following highlights some of his thoughts: <ul style="list-style-type: none"> <li>• 2 types of giving (giving time and giving resources)</li> <li>• Is easy giving money but challenging to give time and be present.</li> </ul> Quality time is necessary. <ul style="list-style-type: none"> <li>• There is a value on the time that Volunteer offers to LifeLine. It is important to make time and be present.</li> </ul> Mr Botha has availed himself to facilitate the Volunteer training
Minutes	Minutes of the previous meeting was accepted as a true reflection of the AGM
Director's report for the last two years	Due to Covid 19, there were limited activities. Online training for personal growth was held. This year, the course was held in person in July 2023 2021 - 91 people were trained on personal growth

	<p>2022 – 95 people were trained on personal growth</p> <p><b>Events</b>  Colour fun run was held in September 2021  Golf day took place in October 2022  Back to school campaign was held in partnership with a church in Mamelodi</p> <p><b>Sponsorship</b>  Getting sponsors is a challenge. LifeLine Pretoria is limited because it offers counselling only.  Volunteers are invited to provide solution /proposals/ ideas to get sponsors for Lifeline to keep it continuing.</p> <p><b>Decline in number of Volunteers.</b>  Volunteers are encouraged to actively participate in the counselling sessions, training and interviews for probation</p>
Outreach	<p>During lockdown, Lifeline was given hour radio slots to talk on various topics: Rape, Managing stress, Gender based Violence, Sexual harassment, Managing conflict and stress at workplace. Callers were encouraged to share what their experiences</p> <p>94.7  Lekker FM  Impact Radio  Capricorn  <i>Tertiary institution social media</i>  UP  Varsity College  Rosebank College  South African School for the Blind  Stats SA  World Health day hosted during Covid 19  World day against human trafficking  Celebrating cultural diversity  World Peace Day  World No Tobacco Day  World Youth Skills Day  International overdose awareness Day  16 days of activism against women and Children  Articles were written to City Press and Daily Sun</p>
Financial Report	<p>It will be available next week. A zoom meeting will be held to present. Copies of the report will also be shared with all the members of the organisation.</p>
	<p>The Nedbank Cash speed machine will be replaced with the Yoko Card Machine. The Nedbank Card machine has become too expensive.</p>
Members of the Board	<p>The following were elected as Board Members for the next period:  Mr Mbuyiselo Botha</p>

	<p>Mr Selby Mzimba  Ms Prebashnie Moonsamie  Ms Noleen Smith  Ms Kelobogile Ntjie  Ms Agnes Semomo  Ms Josephine Podile  Mr Ashley Heslop</p> <p>Chairperson thanked everyone for the support for the team.</p>
Other Business	<p>The Shannon Trust has decided to sell the house we currently rent. We are given until January 2024 to find a new property. The Municipality of Tshwane has been approached to assist with a premise for Lifeline.</p> <p>A work-day will be organized for Volunteers to come assist with the clearing of the house as we prepare for the move. Volunteers will now pay R300 for references from LifeLine Pretoria.</p> <p>All who qualify as Volunteers at LifeLine Pretoria are requested to serve for a period of two years in the organization</p> <p>Our LifeLine Membership will increase to R70.00 per month.</p>
Accreditation of our training courses	<p>The National Office should apply to SAQA for accreditation of our courses. Individual Centres cannot apply for themselves. Anya to have a meeting with Agnes to discuss other alternatives for accreditation with SAQA.</p>
Meeting adjourned at 16:10	

Minutes were prepared by:

Mr Selby Mzimba  
Secretary  
LifeLine Pretoria Board

